I grew up in Luton and I've always been fascinated with world affairs.

After studying Maths at Cambridge, I went travelling for a year – including a stint working in IT in India – and the idea of an international career took hold.

I'm savvy about technology as I worked in IT for a couple of years, but it's working with people, rather than computers, that interests me most. MI6 offered the opportunity to work with a whole range of different people and to work overseas, so I decided to apply.

After initial training my first role was as an agent runner in one of the cyber security teams. This really played to my strengths and I loved it. My role was to recruit and run agents who could provide us with intelligence on cyber issues. I needed to understand people and their motivations. But having a relevant background helped me to gain the trust of my agents.

After three years I moved roles. I decided not to go on an overseas posting for personal reasons and instead trained as a Reports Officer. This gave me the skills I needed to write intelligence reports, check the reliability of the intelligence and verify the sourcing.

I'm now an 'Reports' Officer in the Cyber Security team and spend a lot of my time briefing Ministers, senior officials and other intelligence services. I feel right at the heart of government.

I'm still using all my people skills and applying my knowledge of technology – just in a different way. And I co-operate closely with the other agencies – particularly GCHQ.

Throughout my career here, I've been able to keep my IT skills up to date. I've been involved in truly cutting edge work, met some amazing people and worked with some impressive technology. And I've learned a lot more besides. I'd love to be able to tell you more, but you'll need to apply and pass recruitment first!